St. Teresa of Avila Roman Catholic Church

19 Flamingo Dr., Elmira, ON N3B 1V3 519-669-3387 Fax 519-669-3487 StTeresaofAvila.Elmira@rogers.com

Website: www.stteresaelmira.ca

Established on the Second Sunday of Easter, 1851.

Pastor: Rev. Peter Meyer frpetermeyer@gmail.com

Deacon: Rev. Mr. Basil Markides

Office Administration: Donna Vollmer

Sacramental Preparation: Iris Miltenburg

Office Hours: Monday to Friday 9:00am – 1:00pm

Mass Times

Saturday 5:00pm Sunday 9:30am

Weekday Masses see inside

Reconciliation

Tuesday 6:30pm - 7:00pm, or by request.

Sacrament of Baptism

(3rd Sunday of the month outside of Lent) Parents, please pick up Baptism package from the parish office.

Sacrament of Marriage

Please contact office six months prior to desired date. Marriage Prep offered.

Sacrament of the Sick

Please notify the parish office of loved ones who are housebound or in the hospital so they may receive the comfort of the Church's sacraments and prayer.

Outreach Ministry (A Ministry of Visitation)

Please contact the Parish Office if you or someone you know would like a visit by the Outreach Ministry.

Parish Contacts Parish Pastoral Council

Annamae Elliott Deana Pfanner Groves Debbie Yutzi Fr. Peter Meyer Ken Gallipeau Dan Lauzon

Building & Finance Committee

Fr. Peter Meyer Diane Smith Maria Diemert Rick Weishar Sebastian Siebel-Achenbach

Catholic Women's League Barb Vodicka

Knights of Columbus Frank McGuire

Vocations

Contact www.vocationinfo.ca or www.resurrectionist.net

New Parishioners

New parishioners, welcome! Please register at the office or pick up a registration package at the church entrance.

Bulletin Deadline

Written submissions by Monday noon.

October 17, 2021 Twenty-Ninth Sunday of Ordinary Time



St. Teresa of Avila School 75 First St. W., Elmira 519-669-8843 Fax 519-669-4509

St. David Catholic Secondary School 4 High Street, Waterloo

519-885-1340 Website: stdavid.wcdsb.ca

Christ has no body now but yours, No hands, no feet on earth, but yours.

Yours are the eyes through which he moves compassion on this world.

Yours are the feet with which he walks to do good.

Yours are the hands with which he blesses all the world.

Prayer of St. Teresa of Avila



MASSES FOR WEEK OF OCTOBER 18TH

Tuesday, October 19, 7:05 pm +Rita Lorbetski; Hailey DeCorte May faith be the torch that illuminates, animates and sustains you. – St. Margaret Mary Alacoque

Wednesday, October 20, 9:00 am

+Betty Schill; Marcella & Judy Furlong Do not live any longer in yourself, but let Jesus Christ live in you in such a way that the virtue of this Divine Saviour may be resplendent in all your actions, in order that all may see in you a true portrait of the Crucified and sense the sweetest fragrance of the holy virtues of the Lord, in interior and exterior modesty, in patience, in gentleness, suffering, charity, humility and in all others that follow. – St. Paul of the Cross

Thursday, October 21, 12:05 pm +Roger Farwell; Danielle Pilon

Your God is ever beside you – indeed, he is even within you. – St. Alphonsus Liguori

Friday, October 22,

9:00 am +Edna Zinger; The Family

9:30 – 11:30 am Adoration Freedom consists not in doing what we like, but in having

the right to do what we ought. – St. John Paul II

Saturday, October 23, 5:00 pm

+Maurice Downey; Diane Dietrich

+Colleen Weber; The Birthday Bunch

Sunday, October 24, 9:30 am - Thirtieth Sunday in Ordinary Time (World Mission Sunday) Our Parish Community

READINGS FOR October 23/24

First Reading: Jer 31:7-9 Second Reading: Heb 5:1-6 Gospel Reading: Mk 10:46-52

THIS WEEK IN OUR PARISH

THU 6:30 pm K. of C. Executive Meeting – Library 8:00 pm K. of C. General Meeting - Library

LIVING ROSARY INTENTION

Missionary disciples - We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavour of the Gospel.

FOODBANK NEEDS

Canned Ham/Turkey/Chicken and Canned Fruit

HAMILTON DIOCESE PRAYER CALENDAR PLEASE PRAY FOR:

Mon., October 18Very Rev. Adrian LeeTues., October 19Very Rev. Michael KingWed., October 20Congregation of the Holy CrossThurs., October 21Rev. Marko StefanecFri., October 22Rev. Hanh Van Tran, O.M.I.Sat., October 23Rev. Yvon Paquin, O.H.

MINISTRIES for October 23/24

Eucharistic Ministers 5pm Phil Milan 9:30am Sharon Both

Hospitality

5pmKieran & Geoff Kelly9:30amEd & Carol Kieswetter, Ron Stemmler

Lector5pmPeggy Kelly-Kulaga9:30amTom O'Marra

Commentator Patsy Pond Iris Miltenburg

Sign Ministry Oct 18 Sandi Hutchinson

FROM THE PASTOR'S DESK

If you have a medical condition and are unable to wear a mask at Mass there is a Mask free zone on the left side of the church in the first pew. I will bring communion to you. Please see me before Mass begins if you want to sit in this section.

This year our Food Drive will be for the entire month of October. Consider donating in order to help those who are in need in our community.

If anyone is sick or in need of a visit please contact the Parish Office.

Be assured of my continued support and prayer. *Father Peter*

COLLECTION FOR WORLD MISSION SUNDAY – The

universal collection for World Mission Sunday is unique: its fruits are distributed worldwide, according to the needs of the poorest dioceses. Everyone contributes to the cause and this allows the survival of the poorest dioceses. especially those who do not benefit from twinning or privileged contact with the West. The universal collection provides each bishop the means and freedom of action for the formation of catechists, solidarity, priestly vocations and consecrated life, education, health care, etc. Therefore, it represents a tool of justice and fraternity between all the dioceses. Furthermore, it allows supporting the permanent effort of the Universal Church to go and proclaim the Gospel to all nations. This mandate, received from Christ, is assumed by the baptized people and those who are jointly responsible for the Universal Mission along with the Churches of Africa, Asia, South America, Central America, Europe and Oceania.

Our ANNUAL FOOD DRIVE is from October 1st until

October 31st. We can have a significant impact on our area in an effort to make it hunger-free. Please consider donating to our Annual Food Drive. The top 10 items that are needed are: canned meat (turkey, ham & chicken), canned fish (tuna & salmon), canned fruit, canned vegetables, baking supplies, condiments (salad dressing & bbq sauce), crackers, laundry detergent, deodorant and toilet paper. Cash and gift cards are also appreciated. Cash or gift card donations of \$10 or more qualify for a tax receipt. Please leave your name and address.

C.W.L. EXECUTIVE MEETING – Tuesday, November 9th at 6:30 p.m. in the hall and **C.W.L. GENERAL MEETING** – Tuesday, November 9th at 7:35 p.m. in the hall.

Members, please plan on attending as we will be voting on several items which must be done in person (not virtual). This includes several instructed votes which require a quorum (10% of membership) in order to pass them on. Please sign up for the meeting a.s.a.p. by emailing **barbvodicka@gmail.com** and the material will be sent to you to pre-read before voting. If you don't have email, please call Barb at 519-497-3162 for paper copies. Attendance requires proof of double vaccination and selfassessment screening questions.

C.W.L. LADIES, IT IS TIME TO RENEW YOUR

MEMBERSHIP! Not a member? This is an invitation for all women of our parish ages 16 and up to join St. Teresa of Avila Catholic Women's League of Canada (CWL)! *Five Top Reasons to Belong:*

- 1. We pray for one another as part of a sisterhood.
- 2. We are Catholic women of action.
- 3. We care for the less fortunate.
- 4. We support our parish.

5. We are a powerful force. By becoming a member your name is added to the thousands of Catholic women across Canada lobbying for social justice by way of Resolutions put forward to the government.

Let us show our solidarity by increasing our membership numbers. **Our yearly dues remain at \$25** and can be dropped off in the collection, mailed to church or paid by etransfer to stteresaelmirafund@gmail.com. More information can be found on the parish website under the C.W.L. page. Any questions please contact Barb Vodicka 519-497-3162.

This is an election year! If anyone is interested in being nominated for an Executive position, please contact Barb.

The **40 DAYS FOR LIFE FALL 2021 CAMPAIGN** has started and we need your help! The campaign runs from **Wednesday, September 22nd to Sunday, October 21st** across from Freeport Hospital, 3570 King Street East, Kitchener, on the grass, from 7 a.m. to 7 p.m. daily. There are hours open: Sign up for vigil hours online at www.40daysforlife.com/kitchener or by calling Patrick at 519-748-5548.

The Woolwich Counselling Centre presents several workshops:

MANAGING CAREGIVER FATIGUE ADULT WORKSHOP on **Tuesday**, **October 19**, **2021** from 7 – 8 p.m. Being a caregiver has many rewards and can be very emotionally fulfilling. However, it can also be demanding and impact mental and emotional well-being. Join us to equip yourself with coping skills, self-care, and strategies to prevent caregiver fatigue.

BUILDING BETTER BOUNDARIES ADULT WORKSHOP on Thursdays, October 21, 28, November 4, 11, 18, 25, December 2 and 9, 2021 from 6 – 8 p.m. This eight week psychoeducational therapy group explores the importance of healthy boundaries in relationships, and provides concrete information and strategies to develop and maintain them. This group will explore why setting healthy boundaries can feel challenging, and offer steps to overcome these barriers.

UNDERSTANDING AND PREVENTING EATING DISORDERS ADULT WORKSHOP on Monday, October 25, 2021 from 7 – 8:30 p.m. This workshop will help you learn how to help others who may be affected. It will help you recognize the early signs of disordered eating, respond in a compassionate manner and learn about supportive resources. To learn more and register call 519-669-8651 or email info@woolwichcounselling.org or visit 65 Memorial Avenue, Elmira. These are no cost, virtual workshops.

The K-W ECUMENICAL SERVICES WITH TAIZE SONGS

is on **Sunday**, **October 24**, **2021** at St. Mary's Roman Catholic Church in Kitchener. Music practice is from 3:00 – 3:45 p.m. From 3:45 – 4:00 p.m. is silence. From 4:00 – 5:00 p.m. is the service with Taize songs followed by the Tiny Home take-out pizza for your trip home. Covid protocols: In accordance with St. Mary's safety protocols, a number of measures will be implemented, including: distancing rules (1 family per pew, with 2 of 3 pews being roped off in-between), hand sanitization and mandatory masks while indoors. Food is also only available outdoors (please bring your own water). Please pass along information about these services to your friends, congregations, or anyone who you think might appreciate a contemplative, ecumenical service. Information can be found at www.kwests.ca, on our KWESTS Facebook page.

Woolwich Community Services is offering a **FREE ONLINE COOKING PROGRAM** on **Tuesday**, **October 26**, **2021** from 3:30 – 5 p.m. This is a family-friendly program via zoom. On the menu is Shepard's Pie. <u>Please register by</u> <u>Wednesday</u>, <u>October 20th</u>. Anyone can join and will be given the list of ingredients to purchase items. If you are registered with their food program you are eligible for a meal kit with all the needed items.

Woolwich Community Health Centre presents ERGONOMICS IN THE OFFICE AT HOME AND AT WORK on Wednesday, October 27, 2021 from 6:30 - 8:00 p.m. Whether you are working in your home or in the office/workplace, learning about healthy postures and movements can help to reduce discomfort and/or pain. In this session you will learn about: Ergonomics in the office, at work or home; steps to follow for ergonomic assessment and injury prevention strategies. The presenter is Bernadette Vanspall, Physiotherapist, WCHC. As physical distancing measures continue to be followed, Woolwich Community Health Centre is committed to offering health education at a distance using the virtual communication platform, Zoom. All sessions are free. Registration is required. To register, email Gebre at gberihuyn@wchc.on.ca, visit the website www.wchc.on.ca and click on the Register Online tab or call 519-664-3794 or 519-656-9025. Once you have registered, you will receive your invitation to participate closer to the date of the presentation. If you do not have internet access, you can attend the program using your telephone.

STEWARDSHIP REPORT	1
Offertory collection for October 9/10:	\$3,942.50
Weekly parish operating expenses:	\$4,724.64
Building & Maintenance Fund Balance:	\$67,906.51
Thank you!	

